# PRODUCT INFORMATION



## 5-methoxy Tryptophol

Item No. 21061

CAS Registry No.: 712-09-4

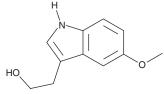
5-methoxy-1H-indole-3-ethanol Formal Name:

Synonym: 5-MTOH MF:  $C_{11}H_{13}NO_{2}$ FW: 191.2 **Purity:** ≥98%

λ<sub>max</sub>: 224, 277 nm UV/Vis.: A solution in ethanol Supplied as:

Storage: -20°C Stability: ≥2 vears

Information represents the product specifications. Batch specific analytical results are provided on each certificate of analysis.



## **Laboratory Procedures**

5-methoxy Tryptophol (5-MTOH) is supplied as a solution in ethanol. To change the solvent, simply evaporate the ethanol under a gentle stream of nitrogen and immediately add the solvent of choice. Solvents such as ethanol, DMSO, and dimethyl formamide purged with an inert gas can be used. The solubility of 5-MTOH in these solvents is approximately 30 mg/ml.

Further dilutions of the stock solution into aqueous buffers or isotonic saline should be made prior to performing biological experiments. Ensure that the residual amount of organic solvent is insignificant, since organic solvents may have physiological effects at low concentrations. If an organic solvent-free solution of 5-MTOH is needed, it can be prepared by evaporating the ethanol and directly dissolving the neat oil in aqueous buffers. The solubility of 5-MTOH in PBS, pH 7.2, is approximately 0.3 mg/ml. We do not recommend storing the aqueous solution for more than one day.

#### Description

5-MTOH is a natural indole that is produced by the pineal gland. <sup>1,2</sup> It is a product of melatonin metabolism that may be biologically active. <sup>3,4</sup> The levels of 5-MTOH in plasma vary in a diurnal pattern in rodents and humans.5,6

#### References

- 1. Delvigs, P., McIsaac, W.M., and Taborsky, R.G. The metabolism of 5-metholxytryptophol. J. Biol. Chem. **240(1)**, 348-350 (1965).
- 2. Mullen, P.E., Leone, R.M., Hooper, J., et al. Pineal 5-methoxy tryptophol in man. Psychoneuroendocrinology **4(2)**, 117-126 (1979).
- Slominski, A., Semak, I., Pisarchik, A., et al. Conversion of L-tryptophan to serotonin and melatonin in human melanoma cells. FEBS Lett. 511(1-3), 102-106 (2002).
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- 6. Wurtman, R.J. and Ozaki, Y. Physiological control of melatonin synthesis and secretion: Mechanisms, generating rhythms in melatonin, methoxytryptophol, and arginine vasotocin levels and effects on the pineal of endogenous catecholamines, the estrous cycle, and environmental lighting. J. Neural Transm. Suppl. 13(13), 59-70 (1978).

WARNING
THIS PRODUCT IS FOR RESEARCH ONLY - NOT FOR HUMAN OR VETERINARY DIAGNOSTIC OR THERAPEUTIC USE.

This material should be considered hazardous until further information becomes available. Do not ingest, inhale, get in eyes, on skin, or on clothing. Wash thoroughly after handling. Before use, the user must review the complete Safety Data Sheet, which has been sent via email to your institution.

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