Pinolenic Acid

**CAS Registry No.:** 16833-54-8  
**Formal Name:** 5Z,9Z,12Z-octadecatrienoic acid  
**FW:** C_{18}H_{30}O_{2}  
**Purity:** ≥98%  
**Supplied as:** A solution in ethanol

**Laboratory Procedures**
For long term storage, we suggest that pinolenic acid be stored as supplied at -20°C. It should be stable for at least one year.

Pinolenic acid is supplied as a solution in ethanol. To change the solvent, simply evaporate the ethanol under a gentle stream of nitrogen and immediately add the solvent of choice. Solvents such as DMSO and dimethyl formamide purged with an inert gas can be used. The solubility of pinolenic acid in these solvents is approximately 30 mg/ml.

Pinolenic acid is sparingly soluble in aqueous buffers. For maximum solubility in aqueous buffers, the ethanolic solution of pinolenic acid should be diluted with the aqueous buffer of choice. Pinolenic acid has a solubility of approximately 0.5 mg/ml in a 1:1 solution of ethanol:PBS (pH 7.2) using this method. We do not recommend storing the aqueous solution for more than one day.

Pinolenic acid is a polyunsaturated fatty acid found in Korean pine (Pinus orientalis) and maritime pine (Pinus pinaster) seed oils. Both oils have been found to have lipid-lowering properties. A diet containing maritime pine seed oil (MPSO) lowered HDL and ApoA1 levels in transgenic mice expressing human ApoA1. MPSO was found to diminish cholesterol efflux in vitro. Korean pine seed oil supplements may help in obesity by reduction of appetite. People taking this oil had an increase in the satiety hormones CCK and GLP-1 and a reduced desire to eat. The activity of the oil is attributed to pinolenic acid. Pinolenic acid is not converted to arachidonic acid metabolically and can reduce arachidonic acid levels in the phosphatidylinositol fraction of HepG2 cells from 15.9% to 7.0%.

**References**

**Related Products**
For a list of related products please visit: [www.caymanchem.com/catalog/10008654](http://www.caymanchem.com/catalog/10008654)

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